

Purple Belt Test

Responsible for all vocabulary for all previous hand, foot, and block) from Green Belt test. Be able to pronounce them all in any order.

Time to test: 1 year from Green.

Hand techniques (Must demonstrate on both sides equally)	Attitude	Tech	Speed	Power
Step Punch				
Step Jab				
Step Backfist				
Spinning Backfist				
Skip (sliding) Jab				
Skip (sliding) Backfist				
Uppercut				
Reverse Ridgehand				
Stepping Reverse Ridgehand				

Foot techniques (All above waist and same on both sides)	Attitude	Tech	Speed	Power
Turn Side Kick				
Turn Hook Kick				
Step Behind Side Kick				
Step Round Kick				
Skip (sliding) Front kick				
Skip (sliding) Side kick				
Skip (sliding) Round kick				
Crescent Outward				
Crescent Inward				
Spinning Outer Crescent				
Spinning Hook				
Back Kick				
Step behind Crescent				
Step behind Turn Crescent				
Sliding Crescent				

Combinations	Attitude	Tech	Speed	Power
Front kick / Changeup Front kick / Inner Crescent / Changeup Outer Crescent				
Spin Crescent / Round kick / Turn Hook / Inner Crescent				
Step behind round / jab / rearhand punch / inner crescent / spin hook				
Front side / Back leg side / Turn side / Step Side				
Jab / step high-block / back-leg round / turn hook & round kick				
Spin Crescent / Front leg round / down block / Skipping Side				
Skip Round / Back leg round low / high / UMB				
DB / OIB / IOB / high block / low X / DMB / UMB / KHB / Rv Punch				
Freestyle (one block, two kicks, two punches, any order)				
DB / HB / front leg low high / DB / HB				
Backfist / Rearhand Punch / Back Kick / Spin Hook				
Jab / Rearhand Punch / Spinning backfist / sliding round kick				

Stances	Attitude	Tech	Speed	Power
Rooted (Box) Stance				
Sumo Stance				
Cat Stance				

One-Step Kumite (Done in Ready Position)	Attitude	Tech	Speed	Power
Rear-hand punch / High block, Step Punch low, punch high				
Reverse punch / under-middle block, Step Punch				
Back leg round / Down block, Step Punch, front leg round				
Front kick / X block / X Strike				
Palm heel / High block / Ridgehand				
Reverse Punch / IO block / front kick				
Reverse Punch / OI block / front kick				

Three Step Kumite (Traditional Stances)	Attitude	Tech	Speed	Power
Attack: Hammerfist / Reverse Punch / Snap Kick Defend: High block / Inside Block / Down Block / Reverse Punch				
Attack: Hammerfist / Reverse Punch / Snap Kick Defend: High block / Outside Block / Down Block / Reverse Punch				

Five step Combinations	Attitude	Tech	Speed	Power
Reverse punch / Block / Grab / Step and Elbow / Throw / Punch				
Backfist / block / punch / grab / step under elbow / Arm breaker				
Rearhand punch / Block / Grab / Punch / Spin through / Round kick				
Front kick / Down block, hook, step between, push and lift, punch				

Self-Defense	Attitude	Tech	Speed	Power
Bearhug				
Front Headlock				
Half-Nelson				
Front Push				
Front Hair pull				
Back Push				
Front Bearhug				

Kata	Attitude	Tech	Speed	Power
Heian Shodan				
Heian Nidan				
Heian Sandan				
Ten No Kata (Student's responsibility to learn)				

Totals	Attitude	Tech	Speed	Power
Score				